

# Art OF SYNERGY

WHERE FITNESS MEETS ART



## ABOUT ART OF SYNERGY

Art of Synergy was born in Johannesburg in 2014, with the vision of creating a platform to promote contemporary circus arts across Africa. The company, which has performed for audiences globally, functions as a creative training space, as well as a trendy venue which can be hired for corporate and private functions.

*“Where fitness meets art”*

## WHAT WE DO

- Aerial & Ground performances for Corporate Events.
- Club performances & busking.
- Full aerial and acrobatic shows.
- Classes in aerial, acrobatics, pole fitness, flexibility and more.
- Training programme for select artists.
- Venue hire for parties & events.



# GROUND ACTS



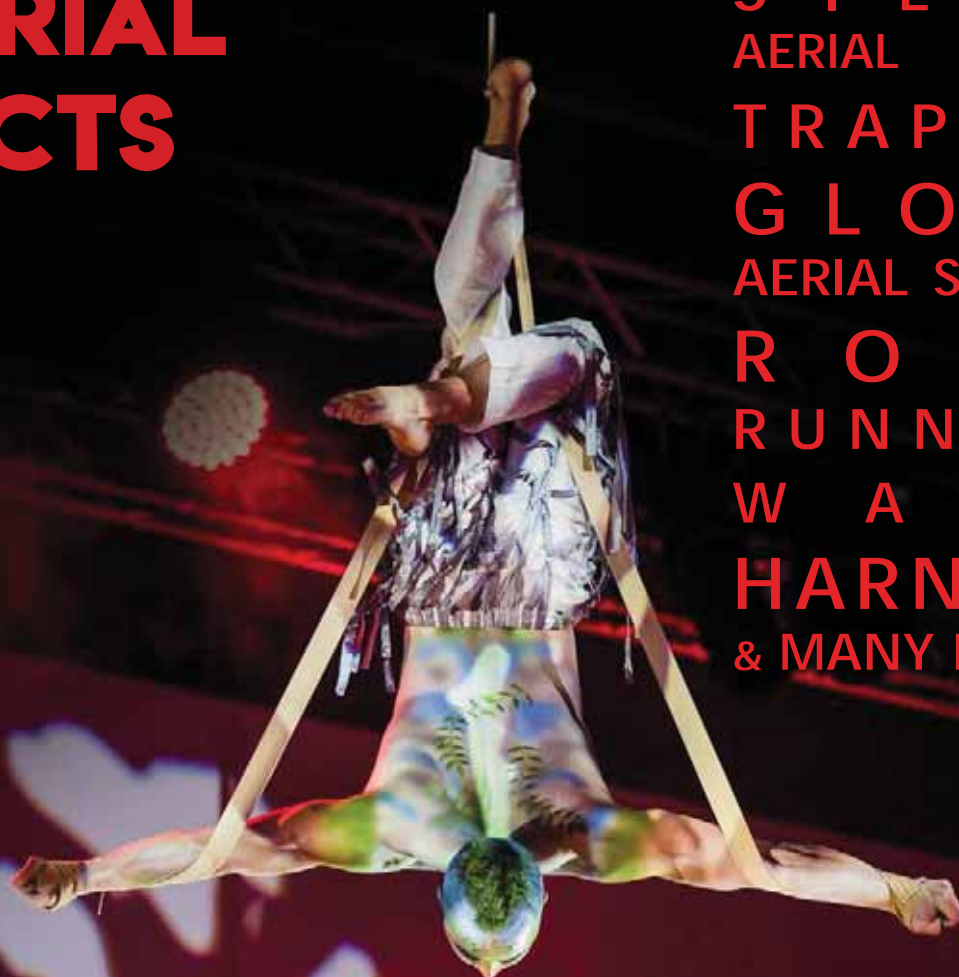
CUBE DIVA DASI STRENGTH ACT  
POLE (MALE & FEMALE) CYR WHEEL  
RIBBON / CONTORTION  
ADAGIO & MANY MORE.





# AERIAL ACTS

S I L K S  
AERIAL HOOP  
TRAPEZE  
GLOBE  
AERIAL STRAPS  
R O P E  
RUNNING  
W A L L  
HARNES  
& MANY MORE.



# ALTERNATIVE ACTS

HARNESSES  
BUSKING



S H A D O W  
P E R F O R M A N C E



I N D U L G E N T  
P E R F O R M A N C E





# THE TEAM & THE VENUE



"Where ordinary people become extraordinary"





Our exclusive performer training programme is designed to teach performance skill and technique in every aspect of circus arts. We aim to develop new skills and create an industry standard for performance in South Africa.



## TRAINING PROGRAMME



Art of Synergy  
training programme  
FEATURES

URBAN  
Circus



# GET IN TOUCH

## SKILLARTPERFORMANCE

Art of Synergy can bring the most spectacular, professional and one-of-a-kind performances to any corporate event, big or small.

From individual performances to custom choreographed shows depending on your needs - we can make it happen with utmost professionalism and skill.

## VENUE HIRE

Art of Synergy can host a small event for birthday parties, anniversaries, and any other special occasions.

The venue has all the equipment required for aerial shows, making it different to any other venue in South Africa, and ensuring a unique and intimate experience.



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